

# Options @16 - Leisure and Sport



Employers include large leisure companies, tour operators, tourist boards, local authorities, leisure centres, health and fitness clubs, hotels and sports clubs. The leisure and sport industries are growing as people continue to become more health conscious, as well as having more leisure time and greater disposable income. The sports, recreation, health, fitness and outdoor sectors employ about 460,000 people in the UK. There are jobs in leisure, sport and tourism throughout the UK.

Here are some examples of the jobs you could do in the leisure and sport industry:

**Leisure Centre Assistants** help and supervise people using leisure centre facilities. Their role is varied and may include:

- checking that customers are following safety regulations
- helping with the delivery of training or fitness sessions
- making sure that all areas and facilities are clean and tidy
- providing information about activities
- setting up, maintaining and demonstrating equipment
- supervising swimming pool users
- taking payments, issuing tickets and taking bookings

**Leisure Centre Managers** are responsible for the overall running of a leisure centre. Their work involves encouraging people of all ages, backgrounds and abilities to use the facilities, and making sure they have a safe and enjoyable experience. Centres vary in size from those containing simply a small sports hall, to those with a wide range of facilities such as swimming pools, an athletics track and restaurants.

**Outdoor Pursuits Instructors** teach activities, such as canoeing, climbing, horse riding and sailing. They use practical demonstrations and lectures to teach all ages and abilities.

**Physical Education (PE) Teachers** teach a wide range of indoor and outdoor sports and physical education to young people of mixed abilities. They organise and supervise groups and encourage young people to take part in activities. They may also be required to teach an academic subject.

**Pool / Beach Lifeguards** patrol swimming pools, beaches and other areas where people go swimming. They are responsible for making sure that people are safe when swimming.

Their role includes:

- being alert at all times
- looking out for potential problems and accidents
- helping swimmers who get into difficulties

**Sports Coaches** work with people taking part in sport and exercise, helping them to develop their skills and fulfil their potential.

They may work with:

- individuals or teams
- professionals or amateurs

**Sports Development Officers (SDOs)** make sure that people of all ages and ability have the opportunity to take part in sport, develop their skills, and lead a healthier lifestyle.

**Sport and Exercise Scientists** help people to improve their sporting performance, or their general health. They tend to specialise in different areas. Sport scientists support athletes or sports clubs, offering expert scientific backup. They work with other professionals such as physiotherapists and dieticians. Exercise scientists are more concerned with improving someone's health and helping them recover from illness through a programme of physical activity.

**Sports Physiotherapists** diagnose and treat sports injuries, help individuals to get better and advise them on how to avoid similar injuries in the future. They work with top level professional sportspeople, as well as people who play sport recreationally.

**Sports Professionals** are paid to compete in their chosen field in front of audiences. They combine exceptional talent for their sport with determination and commitment. Most sportspeople are amateur and relatively few break through to professional level.

Sports that have professional participants include:

- individual sports such as athletics, tennis, boxing, cycling and swimming.
- team sports such as football, rugby, cricket, basketball, hockey and ice hockey

## What will the job be like?

Sport and leisure activities often take place in the hours most people are not at work. Because leisure centres are open throughout the day, including evenings and at weekends, shift work could be required. Some facilities are modern, but the work can be in village halls or adult education centres that may not be so comfortable. Working in sport and leisure is not always glamorous and can include routine operations such as cleaning out swimming pools.

## Skills checklist

- be able to manage budgets
- be enthusiastic
- be good at decision making
- excellent physical fitness and stamina
- have excellent communication and presentation skills
- have good interpersonal skills for dealing with staff and customers

- have IT skills
- have marketing skills to promote the centre
- have organisational, administrative and planning skills
- outstanding talent in their sport
- the dedication and self-discipline to train constantly and improve performance
- to be able to follow advice on diet and lifestyle
- to be able to recover quickly from defeat or disappointment
- to be highly competitive
- to be mentally robust to cope with the pressure of major competitions
- to work well within a team, including with coaches and other specialists as well as fellow players.

### Related work areas

- Armed Forces
- Grounds man/woman
- Hospitality and Catering
- Retail Work
- Teaching
- Travel and Tourism

### Employment Trends

#### Where are the jobs?

Here are some examples of where you could work:

- Boxing
- Football
- Gymnasiums
- Health and Fitness Centres
- Health Farms
- Hospitals
- Leisure Centres
- Netball
- Outdoor Pursuit Centres
- Schools
- Sports Clubs
- Swimming Pools
- Tennis

There is a lot of public interest in sport and leisure and it is certainly an expanding area.

Unfortunately, the numbers looking for work have multiplied greatly as well. The sports and leisure industry **is one of the most difficult areas to get a full time job in**. To succeed you will need qualifications, ability and enthusiasm and maybe a fair amount of luck! It is essential to maintain an interest and participation in sport and, if possible, obtain experience in part time or seasonal work such as becoming a swimming pool attendant or lifesaver. Obtaining a preliminary qualification such as the Community Sports Leader Award may also be helpful.

## What are my prospects?

In recent years there has been a big increase in the demand for, and provision of sports and leisure facilities. Although local authorities run most leisure and sports centres, there is a growth in private health and fitness centres.

## How much will I get paid and what are the opportunities?

### Leisure Centre Assistants

Salaries for leisure centre assistants may start at around £10,000 a year. With experience, they may earn up to £14,500. Earnings can be increased by overtime, shift and weekend duty payments.

These figures can be increased by overtime, shift and weekend duty payments. Assistants may be paid more if they have professional qualifications.

They may also get free use of leisure centre facilities outside working hours.

There are over 6,000 leisure centres and health clubs in the UK, and over 200,000 people employed in the health and fitness sector. The industry is growing as people have more leisure time, more money and have become more health conscious. New facilities are opening, existing ones are expanding all the time and there are plenty of jobs available.

There are job opportunities with both local authority and private leisure centres and health and fitness clubs, mainly in towns and cities, but also in some rural areas. Private clubs include those in hotels, the workplaces of large organisations and holiday centres.

### Leisure Centre Managers

An assistant manager may start on around £12,000 to £17,000 a year. A new leisure centre manager may earn £19,000 to £26,000. Experienced managers in senior positions at large centres may earn over £35,000.

Salaries also depend on the size of the centre and the specific job. Managers may have the use of a company vehicle, and private clubs may offer bonuses based on recruiting new members.

Leisure is a growing industry and over 62,000 people are employed in sports and recreation in the UK.

The sector has benefited from increased investment through the National Lottery, as well as events such as the successful bid to stage the 2012 Olympics in London. The government is also placing a greater emphasis on sport and exercise as a way of helping people to keep fit and healthy.

The UK has about 5,000 leisure centres, around 1,500 of which are managed by local authorities. In all, they employ about 11,500 managers.

The largest centres may employ over 100 staff and several managers, although the majority (around 70 per cent) employ fewer than ten people and just one manager. There is often strong competition for management jobs.

There are leisure centres in most towns and cities across the UK, with limited opportunities in some rural locations.

There are jobs in:

- centres owned by local authorities
- hotels
- privately-owned leisure centres (such as health club chains)
- workplace clubs

As well as this, more and more schools, colleges and universities are developing their own leisure facilities and opening them up for public use outside of core teaching hours. There are also management opportunities in theme parks and outdoor activity centres.

## Outdoor Pursuits Instructors

Outdoor pursuits instructors earn in the range of £15,000 - £21,000 a year, rising to around £25,000 a year. Accommodation is sometimes provided, but may result in a lower salary.

There are several hundred outdoor pursuits centres in the UK. Some centres are maintained by local education authorities for the use of school parties. Outward-bound centres also employ instructors.

Many centres are privately owned and run; these cater for a wide range of people. However, relatively few permanent jobs are available.

There is strong competition for work in this sector.

## Physical Education (PE) Teachers

Teachers in the state education sector are paid on a scale according to their qualifications, experience and responsibilities. The highest salaries are available in inner London schools.

Unqualified teachers earn in the range of £15,000 - £27,000 a year. Classroom teachers earn in the range of £20,000 - £41,000.

Advanced skills teachers earn in the range of £35,000 - £60,000.

Leadership and head teachers earn in the range of £35,000 - £104,500 a year.

In the private sector, salaries are generally higher, though they are sometimes linked to state sector pay scales.

Teachers normally work from 8.30 am or 9 am to 3.30 pm or 4 pm, Monday to Friday. PE teachers are likely to be required to supervise extra-curricular sporting and leisure activities during lunchtimes or after school. PE teachers also work extra hours: marking work, preparing lessons and going to meetings.

There are opportunities throughout the UK in both the state and private education sectors. There may also be opportunities to teach in other countries.

Vacancies are advertised in local authority vacancy sheets and in the local and national press: The Guardian, The Times Educational Supplement and The Teacher.

## Pool / Beach Lifeguards

Lifeguards working on a casual basis are usually paid around £6 - £9 an hour. Starting salaries for full-time lifeguards are usually £11,500 to £14,000. With experience, lifeguards may earn £15,000 or more.

They usually work a basic 37-hour week, which is likely to include evenings, weekend and shift work. There may be opportunities to work on a part-time or casual basis.

There are over 75,000 qualified lifeguards in the UK, working in public swimming pools, leisure centres, schools, colleges, hotels and holiday centres, as well as private fitness centres.

There are also around 1,000 beach lifeguards. Most are employed by local authorities or private companies to cover local beaches.

There is usually a strong demand for lifeguards, especially temporary lifeguards to work during peak times such as school holidays, summer and weekends.

Many more people work as pool lifeguards than on beaches, and around five per cent of lifeguards are self-employed.

There are some opportunities to work abroad with holiday companies.

## Sports Coaches

Newly-qualified coaches working for local authorities may earn £15,000 to £25,000. Senior coaches working for a National Governing Body (NGB) or professional club may earn between £30,000 and £35,000. A few coaches working at the highest level in their chosen sport can earn £100,000, or more.

Many sports coaches are unpaid volunteers, working with amateur teams and individuals in a sport that they enjoy or used to play themselves.

In professional sport, coaches may receive bonuses, depending on the prize money won by the individual or team they are coaching.

## Sports Development Officers (SDOs)

SDOs starting as an assistant in a local authority may earn up to £16,700 a year. SDOs with a few years' experience may earn £24,000. Managers or heads of sports partnerships may earn up to £40,000.

Many employers provide a car allowance.

SDOs work for local authorities, the new County Sports Partnerships and National Governing Bodies (NGBs). A full list of NGBs is available from UK Sport. There may also be opportunities in specialist sports colleges and through the school sport co-ordinator network.

Many SDOs are employed on short, fixed-term contracts.

Sports development is one of the fastest growing areas of the sports industry, with jobs available in all areas of the UK. The decision to award the 2012 Olympics to London means that there is likely to be an increase in opportunities for SDOs over the coming years. There are currently around 100,000 SDOs working in the UK.

## Sport and Exercise Scientists

A qualified sport or exercise scientist may start on around £18,000 a year. With experience, this may rise to £35,000. Those working at the highest level of competitive sport may earn £60,000, or more.

Sport scientists are employed by universities, colleges, sports clubs, national governing bodies (NGBs), and sport institutes, such as the English Institute of Sport. They may also work directly with individual sportspeople as a consultant.

Exercise scientists work for Primary Care Trusts, private healthcare organisations, and health clubs. They may also be employed by local authorities to run community-based health and exercise initiatives.

There are around 400 accredited members of the career's professional body, the British Association of Sport and Exercise Sciences (BASES).

The profile of sport science is rising, and funding from bodies such as the National Lottery means that more and more sports have been able to develop their own sport science provision.

In addition, the recognition of the link between physical activity and health is opening up further opportunities in exercise science. An increasing number of people are being prescribed exercise by their GPs to help them combat the effects of heart disease, or to tackle obesity.

Despite this, jobs are still relatively rare, and competition, especially in sport science, is fierce. There are far more sport science graduates than full-time roles.

## **Sports Physiotherapists**

A newly-qualified physiotherapist working in the NHS is paid £20,200. A senior physiotherapist can earn up to £38,300. Salaries in the private sector are generally similar to those in the NHS, but in some cases they may be considerably higher. Self-employed sports physiotherapists charge around £25-£40 an hour.

## **Sports Professionals**

These figures are only a guide, as actual rates of pay may vary, depending on the popularity of the sport and the amount of money it earns from television and advertising.

Sports professionals on Apprenticeships may start on around £6,000 a year. Accommodation and subsistence may also be provided.

Earnings for established professionals may start at around £20,000 a year.

The most successful professionals in high-profile sports may earn anything from £100,000 to £5 million a year.

Professional sportspeople are often self-employed. Others have contracts, often on an annual basis.

Team sportspeople negotiate their own earnings. They may earn bonuses when their team wins. Those competing in individual sports have to pay for travel, equipment and coaching.

Advertising and sponsorship deals can increase income for high-profile sportspeople.

There are around 50,000 professional sportsmen and women in the UK. Opportunities are limited and depend on the number of competitions and the popularity of the sport.

Most sportspeople are unable to earn a living from competing. Many supplement their earnings with a full-time or part-time job. This may be related to the sport, for example in coaching.

Sports professionals have almost always been competing at a high level from an early age. Most start playing for school teams or in local amateur clubs. Those who show promise are generally spotted early by coaches or talent scouts.

Progression to professional level often starts by being invited to take part in trials for a club. Participants may then advance to county, regional or junior national level.

Most established sports have a national governing (or representative) body (NGB) that can provide information on local clubs and the best way to progress in the sport. The website of Sport England lists some NGBs.

## **Apprenticeships/National Vocational Qualifications/Work based Learning.**

Locally there are few opportunities available in this area of work via this route. Competition is fierce and GCSEs in English, mathematics and art are preferred. Both Apprenticeships & Advanced Apprenticeships are available in small numbers. All are either employed or paid a training allowance. There is no NVQ Level 1 available locally in this area of work.

## **Apprenticeships/Advanced Apprenticeships – Employer Led**

Some employers will employ young people on an apprenticeship programme, however this is a competitive area. Apprenticeships (NVQ Level 2) is the starting point for most young people. Achievement of Level 2 enables progression to Advanced Apprenticeships (Level 3). Apprenticeships are 'Employer Led' and therefore the trainee is employed and will be paid a wage. Apprenticeships last between 2-3 years depending on the person's progress.

## **Apprenticeships – Programme Led**

Sometimes 'Employer Led' apprenticeships are not immediately available therefore it may be possible to start training in an off-the-job setting where the person will undertake job skills and training prior to moving onto employment and an Employer Led Apprenticeship.

Locally there are few opportunities available in this area of work via this route. Competition is fierce and GCSEs in English and mathematics (mostly grades A-C) are required.

**For further information look in the Work Based Learning Handbook, and ask your Personal Adviser for details of vacancies and how to apply.**

## **Full Time Education**

You will need 4 - 5 GCSEs at grade A-C to study at Advanced level. Many people who do Advanced level study go on to higher education (degrees & HNDs). In many careers in leisure 'A' level subjects may not be of primary importance. However, for a degree in Sports Science you may need an 'A' level in a science subject. For degree entry two 'A' Levels (or their equivalent) are the minimum requirement but three are often necessary. Some universities may want specific GCSEs such as English and Maths.

Vocational qualifications are job related and can also be used to go on to higher education.

## Working in Leisure and Sport - Course Information

Course	Where?	How Long?	Entry Requirements
<b>BTEC Introductory Diploma in Sport and Leisure</b>	East Riding College: Beverley Bridlington	1 year	Satisfactory college interview. Genuine interest in sport.
<b>BTEC First Diploma in Sport Performance</b>	East Riding College: Beverley Bridlington	1 year	4 GCSEs at grade D Satisfactory college interview.
<b>BTEC National Award in Sport</b>	East Riding College: Beverley Bridlington	1 year	4 GCSEs at grade A-C. Appropriate work experience.
<b>BTEC National Certificate in Sport</b>	East Riding College: Beverley Bridlington	2 years	Four GCSEs at grade A-C. Appropriate work experience.
<b>BTEC National Diploma in Sport Development, Coaching and Fitness</b>	East Riding College: Beverley Bridlington	2 years	4 GCSE grades A-C. A genuine interest in health, fitness and sport. The course does include demanding physical activities and applicants should be physically fit and in good health. Satisfactory college interview.
<b>Instructing Exercise and Fitness (OCR Level 2)</b>	Franklin College	1 year	GCSE English and a Science related subject at grade C or above. An interest in sport and fitness. You don't have to be athletic, be competing in anything or already on the Advanced Sport Studies course. An interest in keeping fit, a first-aid certificate and some basic knowledge of anatomy and physiology would all help students.

Course	Where?	How Long?	Entry Requirements
<b>EDEXCEL (BTEC) First Diploma in Sports Studies</b>	Goole College	1 year	4 GCSEs (grades A-D) and students must have a keen interest in sport.
<b>EDEXCEL (BTEC) Level 1 Introductory Diploma in Sports and Leisure</b>	Goole College	1 year	4 GCSEs (2 'D' grades and 2 'E' grades) and a keen interest in sport
<b>EDEXCEL (BTEC) National Diploma in Sports Studies</b>	Goole College	2 years	4 GCSEs (grades A-C) with English and a Science or Maths subject. Students must demonstrate skill and commitment to the course through interview and skills assessment workshops.
<b>Entry Level - Certificate in Physical Education</b>	Grimsby Institute	1 year	No formal entry requirements. However, owing to the predominantly practical nature of this course, applicants will need to show a keen interest in fitness and all aspects of sport.
<b>Level 1 - Sports Academies</b>	Grimsby Institute	1 year	Students are required to have completed a GCSE study programme at school gaining grade E minimum in maths and english language
<b>National Diploma - Sport (Development, Coaching and Fitness)</b> Students will be required to produce their own sports kit. There will be one residential field trip during the course. The course includes an element of work experience which is organised by each individual student and which normally lasts two weeks.	Grimsby Institute	2 years	Minimum of 5 GCSE grade C's including Maths, English Language (preferred 'B' grade) and 2 other related subjects. Students studying other level 2 qualifications must attain a Distinction Profile. Students with 4 'C' grades can enrol on the National Award. An active interest in Sport and Leisure activities.

<b>Course</b>	<b>Where?</b>	<b>How Long?</b>	<b>Entry Requirements</b>
<b>Introductory Diploma - Sport and Leisure</b>	Grimsby Institute	1 year	Students are required to have completed a GCSE study programme at school gaining grade E in maths and english language.
<b>Level 2 - Diploma in Sport and Leisure</b>	Grimsby Institute	1 year	2 GCSE grade C's. One must be in English Language plus one other. Specialist practical kit, indoor and outdoor are required. A reasonable level of fitness is essential.
<b>BTEC National Award/ Diploma in Travel and Tourism</b>	Hull College	2 years	GCSEs grade A*-C (including English Language). A satisfactory reference may be required.
<b>City and Guilds Level 2 Diploma in Travel and Tourism</b>	Hull College	1 year	4 GCSEs at grade D. A satisfactory reference may be required.
<b>EDEXCEL (BTEC) First Diploma in Sports Studies</b>	Hull College	1 year	4 GCSEs (grades A-D) including Maths and English. Students must also have a keen interest in sport. A satisfactory reference may also be required.
<b>EDEXCEL (BTEC) Level 1 Introductory Diploma in Sports and Leisure</b>	Hull College	1 year	4 GCSEs or equivalent (2 Ds and 2 Es) and a keen interest in sport. A satisfactory reference may also be required.
<b>EDEXCEL (BTEC) National Award/Diploma in Sports Studies</b>	Hull College	2 years	4 GCSEs (grades A-C) including Maths and English, EDEXCEL (BTEC) First Diploma or equivalent qualifications. A satisfactory reference may be required
<b>Entry Tracks Sport</b>	Hull College	1 year	No formal entry qualifications are required. Interview, Induction Certificate and initial assessment are required. You may also need a satisfactory reference

<b>Course</b>	<b>Where?</b>	<b>How Long?</b>	<b>Entry Requirements</b>
<b>Level 1 Certificate in Sport</b>	Hull College	1 year	No formal qualifications are required. Successful induction and initial assessment is required.
<b>NVQ Level 2 Sport and Leisure</b>	Hull College	2 years	You must have an interest in Sport and Recreation plus a good standard of English and Maths.
<b>OCR Level 1 National Certificate in Leisure and Tourism</b>	Hull College	1 year	2 GCSEs at grade D or above or four GCSEs at grade E or above. A satisfactory reference may be required.
<b>BTEC Diploma Sport &amp; Exercise Sciences</b>	John Legott College	2 years	For this course, some Science background is useful. Check with the college.
<b>BTEC National Certificate &amp; Diploma Sport (Performance &amp; Excellence)</b>	John Legott College	2 years	5 GCSEs at grade C or above are needed to do a Diploma. 4 GCSEs at grade C or above are needed to do the certificate. Some science background is useful.
<b>BTEC First Certificate in Sport (Performance)</b>	John Legott College	1 year	4 GCSEs of mostly Cs and Ds. Check with college.
<b>BTEC National Award in Sport (Sport Development and Fitness)</b>	North Lindsey College	2 year	4 GCSEs at grade A* - C with english, maths and science/ physical education being preferred.
<b>Certificate in Public Service &amp; Sport (Level 1)</b>	North Lindsey College	1 year	2 GCSEs at grade E in english and maths and a letter of recommendation from school or previous employer covering attendance and behaviour.
<b>NVQ level 2 in Instructing Exercise and Fitness</b>	North Lindsey College	1 year	4 GCSEs grade A* - D
<b>BTEC First Diploma in Sport</b>	Wilberforce College	2 years	You should have achieved mainly D's and E's at GCSE, including at least 2 GCSEs at grade D

<b>Course</b>	<b>Where?</b>	<b>How Long?</b>	<b>Entry Requirements</b>
<b>BTEC Introductory Certificate Sports and Leisure</b>	Wilberforce College	1 year	Mainly Es, Fs & Gs.
<b>BTEC National Certificate in Sport (Performance &amp; Excellence)</b>	Wilberforce College	1 year	Mainly Es, Fs & Gs.
<b>BTEC National Diploma in Sport (Performance &amp; Excellence)</b>	Wilberforce College	2 years	5 A - C grades in a minimum of 3 subject areas
<b>Sports Training &amp; Fitness - Advanced Award</b>	York College	1 year	4 GCSEs at grade C
<b>Sports &amp; Exercise Science - National Diploma</b>	York College	1 year	5 GCSEs at grade C, including English, Science and Maths minimum grade D.
<b>First Diploma in Sport</b>	York College	1 year	3 GCSEs at grade D
<b>Sport (Development, Coaching and Fitness) National Diploma</b>	York College	2 years	5 GCSE grades at C or better, which include GCSE English Language
<b>First Certificate/Diploma in Sport (Performance) Edexcel Level 2</b>	York College	1 year	3 GCSEs at grade D, including English Language.
<b>Introductory Certificate/ Diploma in Sport and Leisure Edexcel BTEC Level 1</b>	York College	1 year	Check with college.
<b>BTEC First Diploma in Sport (Performance) (Level 2)</b>	Yorkshire Coast College	1 year	4 GCSE passes at grade D-E. All applications are subject to interview, a satisfactory reference and a basic level of literacy and number skills.
<b>BTEC National Diploma in Sport and Exercise Sciences Level 3</b>	Yorkshire Coast College	2 years	5 GCSEs at grade C or above, preferably including Maths, English and Science. Appropriate work experience. Subject to interview and a satisfactory reference.

<b>Course</b>	<b>Where?</b>	<b>How Long?</b>	<b>Entry Requirements</b>
<b>City &amp; Guilds Certificate in Sport and Leisure (Level 1)</b>	Yorkshire Coast College	1 year	No formal entry requirements for this course all applications are subject to interview and a satisfactory reference. A keen interest in sports and the ability to produce work of a good standard.
<b>NVQ in Sport, Recreation and Allied Occupations in Operational Services (Level 2)</b>	Yorkshire Coast College	1 year (part time)	You need to find either a full-time or part-time job within the sport / leisure industry. You will need appropriate reading and writing skills to follow an NVQ Level 2. You will need a positive attitude toward learning and an interest in sport.

**For information on any of the above courses and to make an online application go to either:**

**East Riding & Hull Prospectus:**

**[www.logonmoveon.co.uk](http://www.logonmoveon.co.uk)**

**North Lincolnshire and North East Lincolnshire Prospectus:**

**[www.lincs2.co.uk](http://www.lincs2.co.uk)**

**Please check with Colleges directly as course details and entry requirements may change. Before making any final decision or if you need help to understand this leaflet, discuss all the options with your Personal Adviser.**

## Useful Addresses

### The Institute for Sport, Parks and Leisure (ISPAL)

Abbey Business Centre  
1650 Arlington Business Park  
Theale  
Reading  
RG8 9NE

☎ 0844 418 0077

🌐 [www.ispal.org.uk](http://www.ispal.org.uk)

### Sports Coach UK

114 Cardigan Road  
Headingley  
Leeds  
LS6 3BJ

☎ 0113 274 4802

🌐 [www.sportscoachuk.org](http://www.sportscoachuk.org)

### UK Sport

40 Bernard Street  
London  
WC1N 1ST

☎ 020 7211 5100

🌐 [www.uksport.gov.uk](http://www.uksport.gov.uk)

### The Institute of Sport & Recreation Management (ISRM)

Sir John Beckwith Centre for Sport  
Loughborough University  
Loughborough  
Leics  
LE11 3TU

☎ 01509 226 474

🌐 [www.isrm.co.uk](http://www.isrm.co.uk)

### Sport England

3rd Floor  
Victoria House  
Bloomsbury Square  
London  
WC1B 4SE

☎ 020 7273 1551

🌐 [www.sportengland.org](http://www.sportengland.org)

## Useful websites:

Available as free downloads at [www.connexions-direct.com](http://www.connexions-direct.com)

For further information look in your Connexions library under classification

## Leisure, Sport and Tourism



## Connexions Centre Addresses

### Beverley Connexions Centre

3 North Bar Within  
Beverley  
HU17 8AP

 01482 862741

### Bransholme Connexions Centre

76 Goodhart Road  
North Point Shopping Centre  
Bransholme  
Hull  
HU7 4EF

 01482 835780

### Bridlington Connexions Centre

20 Blenheim Road  
Bridlington  
Y016 4LD

 01262 678943

### Goole Connexions Centre

71-73 Boothferry Road  
Goole  
DN14 6BB

 01405 608810

### Grimsby Connexions Centre

Queen Street  
Grimsby  
DN31 1JA


 01472 355303

### Hessle Connexions Centre

1st Floor  
Library Building  
Southgate  
Hessle  
HU13 0SN

 01482 647127

### Holderness Connexions Centre

To make an appointment to be seen in Hedon, Hornsea or Withernsea please call Beverley Connexions on  01482 862741 or your local Customer Service Centre.

### Hull Connexions Centre

84-86 Paragon Street  
Hull  
HU1 3QA

 01482 223081

### Pocklington Connexions Centre

Pocklington Youth Centre  
25 New Street  
Pocklington  
YO42 2QA

 07824 486538

### Scunthorpe Connexions Centre

60 Oswald Road  
Scunthorpe  
DN15 7PQ

 01724 282200

[www.connexions-humber.co.uk](http://www.connexions-humber.co.uk)

[info@connexionshumber.co.uk](mailto:info@connexionshumber.co.uk)

[www.connexions-direct.com](http://www.connexions-direct.com)

**Freephone Connexions Direct**  
**080 800 13 2 19**

**connexions**

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